

Back to school

Menus for August 2022

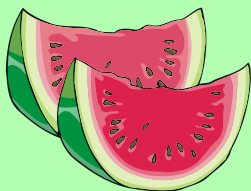


Mustang PreK Schools

This institution is an equal opportunity provider.
Menus are subject to change.

I am the letter

W



watermelon

Thursday, August 18

Breakfast

Pancake Wrap
Pears
Juice /Milk

Lunch

PopCorn Chicken
Mashed Potatoes & Gravy
Green Beans
Dinner Roll
Assorted Fruit
Milk

Friday, August 19

Breakfast

Breakfast Sausage Pizza
Sliced Apple
Juice /Milk

Lunch

Corn Dog
Red & White Fries
Baked Beans
Assorted Fruit
Milk

BACK TO THE FUTURE

Like that great old movie, that's where our School Meals program is headed this year: back to pre-pandemic days. So we'll again be asking families that may qualify for free meals to please apply (you'll be able to do that securely from our website www.mustangps.org/departments/child-nutritionmeals or with a paper application),

while other students will resume paying for meals.

But that's the only way we're going back – otherwise we're moving forward! We're glad that, in the year ahead (the future!), we will again be able to focus primarily on what has always been our core mission: providing the good nutrition that your kids need to learn well in class. That's what we love doing.

But we also know that the challenges of our pandemic-era operations – shortages, supply chain issues, rising costs for food, material, staff, energy, etc. – are not going away. Your family faces those challenges, too, so you know what we're saying. And like your family, we're going to face those challenges head on and do what we have to do for kids.

We were THRILLED so many of our families started eating with us during the pandemic, and we want you to come back for more! We have always emphasized quality, service, convenience, and healthfulness, and that won't change one bit moving forward.

But first, we encourage you to apply for free meals if you think your family might qualify, and please don't hesitate to contact us with questions by email at CruzD@mustangps.org or by calling 405-376-7317.

Monday, August 22

Breakfast

Banana Bread
Orange Smiles
Juice /Milk

Lunch

Chicken Nuggets
Crinkle Fries
Carrots
Assorted Fruit
Milk

Tuesday, August 23

Breakfast

Sausage Croissants
Pears
Juice /Milk

Lunch

Beef Tacos
Lettuce & Tomato
Chili Beans
Assorted Fruit
Milk

Wednesday, August 24

Breakfast

French Toast Sticks
Peaches
Juice /Milk

Lunch

Steak Fingers
Mashed Potatoes & Gravy
Mixed Veggies
Assorted Fruit
Milk

Thursday, August 25

Breakfast

Berry Parfait
Cinnamon Cookie
Juice /Milk

Lunch

Mustang Munchable
Assorted Fruit
Milk

Friday, August 26

Breakfast

Breakfast Sausage Pizza
Sliced Apple
Juice /Milk

Lunch

Bronco Burger
Red & White Fries
Baked Beans
Assorted Fruit
Milk

Monday, August 29

Breakfast

Cinnamon Roll
Orange Smiles
Juice /Milk

Lunch

Chicken Nugget
Mashed Potatoes & Gravy
Mixed Veggies
Dinner Roll
Assorted Fruit
Milk

Tuesday, August 30

Breakfast

Sausage Biscuit
Pears
Juice /Milk

Lunch

Cheese Nachos
Refried Beans
Fresh Salad Mix
Assorted Fruit
Milk

Wednesday, August 31

Breakfast

French Toast Sticks
Peaches
Juice /Milk

Lunch

Tony's Stuffed Sticks
w/Marinara
Fresh Salad Mix
Assorted Fruit
Milk

Make the healthy, economical choice!

Breakfast

Lunch

\$2.25 \$3.25

Get in touch with us today to learn more about free and reduced-price meals in our district:
405-376-7317 or cruzD@mustangps.org

School Meals

We serve education every day™