

**Meadow Brook Intermediate**

# *Red Ribbon Week Spirit Days*

**OCTOBER 29TH - NOVEMBER 2ND**

**THEME: LIFE IS YOUR JOURNEY,  
TRAVEL DRUG FREE.**

You are invited to participate in a week of spirit  
to celebrate our choice to be drug free.

Please remember to follow school dress code.

***Monday:* Team up against drugs by wearing  
your favorite team jersey/shirt.**

***Tuesday:* Put bad choices to sleep by wearing  
your pj's!**

***Wednesday:* It is Idiom Day!**

***Thursday:* Wear your Red Ribbon Shirt or Red to  
promote healthy choices.**

***Friday:* Wear your Mustang Gear to show our  
school has GRIT.**