

Local Suicide Prevention Resources

If you, or someone you know, is in suicidal crisis or emotional distress please call 1-800-273-TALK (8255) or if medical help is immediately needed please call 911.

Hospitals

Canadian Valley Regional Hospital 1201 Health Center Pkwy Yukon, OK 730994 (405) 717-6800 http://integrisok.com/	Mercy (405) 755-1515 Main. www.mercyok.net/ 4300 W. Memorial Road Oklahoma City, OK 73120 Phone: (405) 755-1515	St. Anthony Hospital 201 N. Sara Rd. Mustang, OK 73064 (405)376-4505	OU Health Sciences Center (405) 271-6000 Main 271-4363 ER www.ouhsc.edu/
INTEGRIS Baptist Med Center (405) 949-3011 MAT/Mental Health Consult (405) 951-2273 http://integrisok.com/mentalhealth	St Anthony's (405) 272-7000 Main 272-6216 Mental Health 231-8733 Senior Health www.saintsok.com/	Midwest Regional Medical Center (405) 610-4411 http://www.midwestregional.com/	Oklahoma City VA Medical Center (405) 270-0501 www.oklahoma.va.gov/

Mental Health Providers - Phone Number

Red Rock Behavioral Health Services 1501 Commerce Yukon, OK 73099 (405) 354-1928 www.red-rock.com/	North Care Center–Administration 405-858-2700 North Care Center-Adult Facility-Satellite 405-272-0660 www.northcare.com/	Oklahoma Family Counseling Services 405-577-5477 412 S. Mustang Road, Yukon, OK 73099 www.okfcs.org
200 N Choctaw Ave Ste. El Reno, OK (405) 262-3209 www.red-rock.com/	Hope Community Services 405-634-4400 http://www.hopecsi.org/	Community Health Centers www.odmhsas.org Oklahoma County Crisis Intervention Center (18 and over) 405-522-8100

Online Mental Health Services Locator: Community Mental Health Centers (CMHCs) provide screening, assessment and referral services, emergency services, therapy, psychiatric rehabilitation, case management, and other community support services. There are fifteen CMHCs, five of which are state-operated facilities and the other ten are contracted non-profit providers. There are many satellite branches. They cover all 77 counties. All CMHCs provide services to both adults and children. This link will help you locate the closest CMHC.
http://ok.gov/odmhsas/Mental_Health_/Community_Mental_Health_Centers/

Law Enforcement	Web site	Non- Emergency Phone #	Emergency Phone #
Mustang Police Department	www.cityofmustang.org/police	405-376-7733 Fax: 405-376-7728	911 *Request CIT Officer
Oklahoma City Police Department	http://www.okc.gov/okcpd/index.html	450-231-2121	911 *Request CIT Officer
Canadian County Sheriff	http://www.canadiancounty.org/	405) 262-4787	
Oklahoma County Sheriff	https://www.oklahomacounty.org/sheriff/		Oklahoma County Sheriff

Access to Services, ODMHSAS <http://www.ok.gov/odmhsas/>

The Access Specialist provides information, guidance and/or advocacy to facilitate access to Mental Health and Substance Abuse treatment services whether indicating the closest treatment providers or walking through the general process to access the providers at the individual's disposal.

Tom Thomson, 405-522-8310 (Office) tthomson@odmhsas.org 8 am to 5 pm Monday – Friday

Reachout Hotline, ODMHSAS - ODMHSAS's 24-hour toll free information and referral hotline - 800-522-9054 - 24 hours a day

National Suicide Prevention Lifeline <http://www.suicidepreventionlifeline.org/>

HeartLine volunteers and staff answer calls from throughout Oklahoma, offering compassionate listening, crisis intervention, referral information, and suicide prevention. 800-273-TALK - 24 hours a day

National Alliance on Mental Illness - NAMI Oklahoma advocacy group - 405-230-1900
www.nami.org/

Local Survivors of Suicide Groups: American Foundation for Suicide Prevention, <http://www.afsp.org/>
Go to Support Groups to find local information.